

Turmeric Root Certified Organic



Common Name:	Turmeric Root Certified Organic
Botanical Name:	<i>Curcuma longa</i> L.
Pinyin Name:	Jiang Huang
Plant Part Used:	Root
Quality Standard:	Organic Certified
Specification:	Whole, powder
Harvesting and Collection:	Collect in autumn

Turmeric Characteristics

Turmeric is a fragrant perennial herb that has both medicinal and food properties.

Turmeric has a dark yellow surface, and the rhizome is oval-shaped, cylindrical, and spindle-shaped, as well as forked branches, wrinkled veins, and leaf markings.

Turmeric is qualitative solid gas is sweet special peculiar smell is bitter, endothelial branch annulus grain is apparent.

Turmeric Powder

Turmeric powder a dried, ground powder of turmeric roots, used as a condiment and yellow colorant, as a common household seasoning, used in curry powders, condiments, etc.



Active Ingredients Of Turmeric Root

Turmeric contains curcumin compounds, which are the main active components of turmeric, including curcumin, demethoxycurcumin, demethoxycurcumin, and dihydrocurcumin, etc. The content of curcumin is the highest 0.21%- 1.85%.

Functions Of Turmeric Root

Turmeric is mainly used for invigorating qi and breaking blood stasis, toning menstruation and relieving pain.

You can also use turmeric for rheumatic shoulder and arm pain,
Also, turmeric can be used for tummy and chest tingling.

What is difference between turmeric Root with ginger?

Appearance:

From the outside, the skin of turmeric is yellowish, more obvious than ginger, and it is long; the skin of ginger is pale yellow or brownish yellow, and the shape is irregular.

Therefore, in appearance, the two are well distinguished.

Effects:

The efficacy of turmeric: it is sweet, bitter, and cold in nature, can clear the lungs and relieve cough, lower cholesterol, anti-inflammatory, anti-tumor and other pharmacological effects.

The effects of ginger: ginger has the effects of warming and relieving vomiting, relieving the surface and dispelling cold.

The gingerol in ginger can stimulate the secretion of gastric juice and promote digestion. Containing more volatile oil, it can inhibit the body's absorption of cholesterol and prevent the accumulation of liver and serum cholesterol.





Company

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